



GINA BLUNDELL

NARCISSISTIC TRAUMA INFORMED FINANCIAL COACH

LOCATION : DEVON, UK

- ✓ CPD Accredited & Certified Narcissistic Trauma-Informed Coaching qualification
- ✓ Brain Spotting Practitioner
- ✓ Certified Financial Coach
- ✓ Certified Narcissistic Abuse Specialist

ABOUT GINA

Having had a previous career as a Management Accountant in London for over 18 years, Gina left when she had her son 22 years ago and became a mum for 11 years. She then returned to the workforce, navigating a challenging divorce and the expectations of her ex-husband.

Now, Gina empowers HNW midlife women going through divorce, particularly those in long-term relationships. She helps them rebuild their lives and find happiness, drawing from her own experiences and journey of healing.

Gina's podcast focuses on life after divorce, offering inspiration and guidance to women who may feel isolated or unsure. She proves that a fulfilling and joyful life is possible, even after significant life changes.

BIOGRAPHY

Gina Blundell, a former Management Accountant, traded her corporate career for motherhood. After 11 years, she re-entered the workforce, choosing network marketing over a traditional 9-to-5 job.

Her ex-husband's lack of support and emotionally abusive behaviour ultimately led to her divorce in 2021. This experience inspired her to help other women navigate similar challenges.

Now, Gina coaches high-net-worth midlife women going through divorce. She guides them through the emotional and financial complexities of separation, empowering them to rebuild their lives and find happiness.

Beyond coaching, Gina is a property owner, a model, and the host of the "Divorce Reset" podcast. She shares her journey and offers advice to women seeking to overcome the challenges of divorce and embrace a new chapter.

HOT TOPICS

- How to realise you are in an abusive relationship/ marriage where your needs are not being met.
- Financial abuse & to look at what is hiding in plain sight.
- From filing for divorce to living a life of freedom after 30 years.
- How to regulate your nervous system when you're being triggered by your ex-husband/partner through divorce and beyond.
- How to move forward even if you're feeling so stuck with your decision to leave.
- How to move forward post-divorce doing new things, meeting new people when you really thought you would never be able to do this.
- Living a life being true to yourself and letting go of people that are really not there for you. Even though this happens naturally, it's being intentional with all of this.

CONTACT DETAILS:

- ✉ hello@ginabee.co.uk
- 🌐 www.ginabee.co.uk
- ☎ [07710 498 606](tel:07710498606)

PODCAST

<https://ginabee.co.uk/divorce-reset-podcast>

LINK TO PHOTOS:

<https://ginabee.co.uk/photos>

DOWNLOAD MY FREE WEALTH CHECKLIST [HERE](#):

ASK ME:

1. How do you leave an abusive relationship if you are not financially resilient?
2. But isn't it his money as he worked hard for it? I can't take half his pension can I?
3. I can't get divorced as I do not have any solo financial resources.
4. How do I take the steps to break free from filing for divorce to actually leaving?